

## BREAKFAST MENU 9am -12pm Monday to Saturday

9am-11am Sundays

BREAKFAST FAVOURITES		PASTRIES_			
Full Breakfast (su,g,e) 2 Dewi James Sausage -2 Thick Cut Bacon - Field Mushroom -Tomato - Eggs - Toast- Posh Beans - Black Pudding - Potato Hash	£14.50	All Butter Croissants (m,g) Shirgar Butter - Soaked Berries	£	3.25	
		Pain Au Chocolat (m,g)	£	3.25	
Shibwns Breakfast (g,e) Dewi James Sausage -1 Thick Cut Bacon - Egg - Toast - Posh Beans - Potato Hash	£9.50	Chantilly-Soaked Berries Toasted Teacake (m,g) Shirgar Butter	£	2.95	
<b>Veggie Breakfast</b> (su,g,e) Glamorgan Sausage – Avocado – Toasted Seeds – Field Mushroom – Posh Beans– Tomato – Potato Hash – Eggs – Toast	£12.95	Toast (m,g) Shirgar Butter - Preserve	£	3.00	
Avo on Toast (su,g,e) Smashed Avocado - Toasted Seeds - Chimichurri - Poached eggs + <b>Bacon £3.50</b>	£9.50	SHIBWNS BACH £4.00 Pancakes (m,g,e)			
		Maple syrup Brecwast Bach (g,e)			
Breakfast Bun (su,g,e) Sausage Patty - Thick Cut Bacon - Egg - Fried Onions	£8.95	Egg - Toast with Bacon OR sausage			
Simply Eggs (m,g,e) Scrambled – Poached or Fried –	£7.25	<u>BEVERAGES</u> Americano	Small £3.00	Large £3.30	
Toasted Tiger Loaf		Espresso	£2.50	£3.00	
Beans on Toast (su,g,m) Posh Beans - Toasted Tiger bread - Caws Teifi Seaweed Cheese	£7.50	Cappuccino	3.25	£3.50	
		Flat White	£3.40	-	
Pancake Stack (e,g,m) Llaeth y Llan Natural Yoghurt- Berries - Granola - Honey	£8.95	Latte	-	£3.50	
		Mocha	£3.50	£3.90	
ADD ONS		Hot Chocolate +Cream 75p +Marshmallows 75p	£3.30	£3.60	
Egg (e)	£1.50	Pot of Tea £2.9			
Sausage (su)	£2.00	Breakfast-Peppermint-Earl Grey-			
Fried Onions (su)	£1.50	Green Tea -Lemon &Ginger - Mixed B Flawsome Juice Orange, Apple, Apple & Mango	£3.50		
Potato Hash (su)	£1.50				
		Kombucha	£4.	.50	

Most of our dishes can be adapted to suit any allergens or Dietary Requirements. Please ask your server.

Allergens Key: Milk(m), Lupin(L), Egg(e), Gluten(g), Mustard(mu), Sulphites(su), Soya(s), Sesame(se), Nuts(n), Peanuts(pn), Celery(c), Molluscs(mo), Crustaceans (cr), Fish(f), Genetically Modified (gm).

All though every effort is made to identify allergens in our menus, such items are regularly used within the kitchen. Please let your server know of any allergies or intolerances you may have.

SHIBWNS CALL: 01239 920435 EMAIL: INQUIRIES@SHIBWNS.CO.UK

EAT-DRINK

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